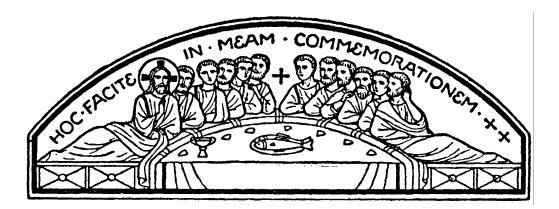
EUCHARISTIC PRAYER I - Roman Canon - see Mass Book page 12. Acclamation after the Consecration - see Mass book page 18 The Lor d's Prayer - see Mass book page 21 The Agnus Dei is from the Mass by Victoria

COMMUNION ANTIPHON

Gustate et videte, quoniam suavis est Taste and see that the Lord is sweet; Dominus: beatus vir, qui sperat in eo. blessed is the man who hopes in Him.

Communion Motet "O Sacrum Convivium" by Thomas Tallis (1505-1585)

O Sacred Banquet in which Christ is received, the memory of His Passion is renewed; the mind is filled with grace, and the pledge of future glory is given to us. Alleluia



POSTCOMMUNION PRAYER

praesta, quaesumus, ut et salutaria dona capiamus, et a tua numquam laude cessemus. Per Christum Dominum nostrum. Amen.

Tantis, Domine, repleti muneribus, Since we have been satisfied by so great a gift, we pray Thee, O Lord, that we may gain Thy salvation, and never cease to praise Thee.

Organ Voluntary "Postlude in C" by Henry Thomas Smart (1813-1879)

VESPERS AND BENEDICTION WILL BE SUNG HERE TONIGHT AT 7.30P.M. YOU ARE WELCOME TO TAKE THIS SHEET HOME **BUT PLEASE DO NOT REMOVE THE MASS BOOK**

FOURTEENTH SUNDAY OF THE YEAR

In the first reading the prophet foretells the coming of the King of Israel, the Christ. He prophesies the arrival of the King in the midst of his people on a donkey, as Our Lord would do on the first Palm Sunday. The Prophet sees this is as a sign of the King's great humility. Moreover, this King will bring peace and reconciliation between God and His People. In the second reading, St. Paul explains the effect that the Holy Spirit has on all those in whom, through Baptism and Confirmation, He makes His dwelling. The Spirit gives us a share in Christ's resurrection from the dead. Thus we are enabled to overcome our inclination to commit sin, and to grow in holiness. The spiritual death of sin is supplanted by the life of grace. By our cooperation with God's free gift of grace we can increase the strength of the Holy Spirit's presence within us. In the Gospel Our Lord prays to His Father in heaven in a spirit of thankfulness that the Father has revealed the Truth only to those who are humble enough to receive it gratefully. Just as in another place in the Gospel He says that 'unless we become like little children we shall not enter the kingdom of God', so now He states that those who accept God's revelation are not the learned and the clever, but 'mere children'. In His loving kindness Our Lord invites all those with any troubles to find true peace and refreshment in Him.

INTROIT

A Susceptimus. Deus. misericordiam tuam in medio templi tui. Secundum nomen tuum Deus, ita et laus tua in fines terrae: iustitia plena est dextera tua. Psalm. Magnus Dominus et laudabilis nimis: in civitate Dei nostri, in monte sancto eius.

We have received Thy mercy. O God. in the midst of Thy temple; according to Thy name, O God, so also is Thy praise unto the ends of the earth: Thy right hand is full of justice. Psalm Great is the Lord, and exceedingly to be praised, in the city of God, on His holy mountain.

Introductory rite - see Mass book page 3.

Kyrie & Gloria from Missa "Missa Quarti Toni" by Tomás Luis de Victoria (1548-1611)

COLLECT

B Deus, qui in Filii tui humilitate iacentem mundum erexisti, fidelibus tuis sanctam concede laetitiam, ut, quos eripuisti a servitute peccati, gaudiis facias perfrui sempiternis. Per Dominum nostrum Jesum Christum.....Per omnia saecula saeculorum. Amen.

O God, who didst raise up a fallen world by Thy Son's humility, give unto Thy faithful people this holy joy: that those whom Thou hast rescued from slavery to sin may gain everlasting joys.

First reading – from the Prophet Zechariah

The Lord says this: Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey. He will banish chariots from Ephraim and horses from Jerusalem; the bow of war will be banished. He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth. Verbum Domini. R. Deo gratias

GRADUAL

Esto mihi in Deum protectorem, et Be Thou unto me a God, a protector, and a place in locum refugii, ut salvum me of refuge, to save me. V. In Thee, O God, have I facias. V. Deus, in te speravi: Domine, hoped: O Lord, let me never be confounded. non confundar in aeternum.

E Second Reading from St. Paul's Epistle to the Romans

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you. So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

Verbum Domini. R. Deo gratias.

GOSPEL ALLELUIA

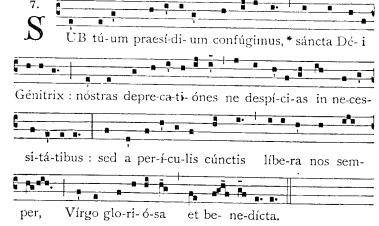
Come unto me, all ye who labour and are heavy-Venite ad me, omnes qui laboratis, burdened: and I will refresh you. et onerati estis: et ego reficiam vos.

GOSPEL – A reading from the Holy Gospel according to St. Matthew. At that time: Jesus said "I thank thee, Father, Lord of heaven and earth, that thou hast hidden these things from the wise and understanding and revealed them to babes; yea, Father, for such was thy gracious will. All things have been delivered to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and any one to whom the Son chooses to reveal him. Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light." VerbumDomini. R. Laus, tibi Christe.

CREDO IV—see Mass book page 29 or 30 At the end of the **Bidding** Prayers we sing this prayer to Our Lady.

We fly to thy protection, O holy Mother of God.

Despise not our petitions in our necessities. but deliver us from all dangers, O ever glorious and blessed Virgin.



Offertory Motet—"Tu solus qui facis" by Josquin des Pres 91440-1521)

"You alone are the worker of miracles, You alone the creator Who made us, You alone the Saviour Who has redeemed us by His Most Precious Blood.

To You alone we fly, in You alone we trust, neither do we adore anyone but You, O Jesus Christ. To You we offer our prayers: hear what we ask and grant our request, O good King."

PRAYER OVER THE GIFTS

caelestis vitae transferat actionem.

PREFACE

Vere dignum et iustum est. aequum et salutare, nos tibi semper et ubique gratias agere: Domine, sancte Pater, omnipotens aeterne Deus:

In quo vivimus, movemur et sumus, atque in hoc corpore constituti non solum pietatis tuae cotidianos experimur effectus, sed aeternitatis etiam pignora iam tenemus. Primitias enim Spiritus habentes, qui suscitavit Jesum a mortuis, paschale mysterium speramus nobis esse perpetuum.

Unde et nos tibi gratias agimus, et tuas virtutes cum Angelis praedicamus, dicentes:

Oblatio nos, Domine, tuo nomini May the offering that we make to Thy dicata purificet, et de die in diem ad name, O Lord, purify us, and bring us closer day by day to heavenly life.

> It is truly meet and right and incumbent upon us for our salvation that we should always and everywhere give thanks unto Thee, O Lord, holy Father, almighty everlasting God.

> In whom we live and move, and have our being, and as we are established as members of this Body, not only do we experience the daily effects of Thy loving mercy, but also hold the pledges of eternal life. For we have been given the first fruits of the Spirit who raised Jesus from the dead, and therefore can hope to share in the paschal mystery for ever.

> Wherefore we, too, give thanks unto Thee, and proclaim Thy greatness with the Angels as we sing

