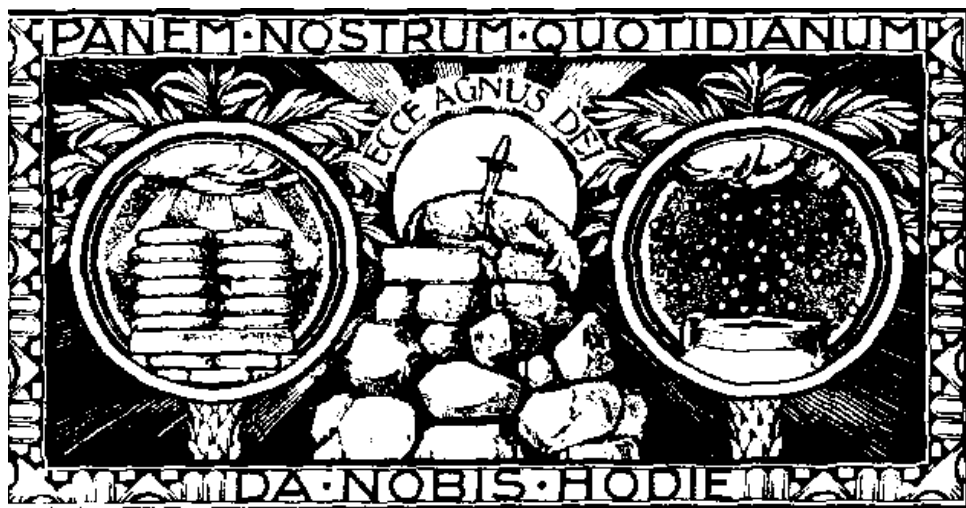


EUCCHARISTIC PRAYER I - Roman Canon - see Mass book page 13
 Acclamation after the consecration - see Mass book page 17 or 18
 The Lord's Prayer - see Mass book page 20 or 21.
 The Agnus Dei is from the Mass by Guerrero



K COMMUNION ANTIPHON

Domine Dominus noster, quam *O Lord, our Lord, how worshipful is Thy*
 admirabile est nomen tuum in *name in the whole world.*
 universa terra!

L POST COMMUNION PRAYER

Fac nos quaesumus, Domine, caelestium *Make us, we beseech Thee O Lord, to*
 rerum frequentatione proficere, ut et *advance through partaking in these*
 temporalibus beneficiis adiuvemur, et erudiamur *heavenly things, so that we may be assisted*
 aeternis. Per Christum Dominum nostrum. *by Thy blessings in this life, and be*
 Amen. *prepared for eternal blessings.*

VESPERS AND BENEDICTION WILL BE SUNG HERE TONIGHT AT 6.30 P.M.

YOU ARE WELCOME TO TAKE THIS SHEET HOME
 PLEASE DO NOT REMOVE THE MASS BOOK

TWENTY-NINTH SUNDAY OF THE YEAR

In today's first reading, the Israelites are being attacked by a hostile tribe. Moses, the Leader of the People, intercedes with God for victory by praying with outstretched arms. However, the battle is long, and he grows tired. But as soon as his arms fall down, the enemy get the advantage. So Aaron and Hur assist Moses by holding his arms up and enabling him to pray constantly, without ceasing. In this way Moses anticipates our Lord's message on the Gospel, to pray constantly.

In the second reading St. Paul explains that Timothy's work as a collaborator with the Apostles, or, as we should call him, a Bishop, is to "proclaim the message of salvation, refute falsehood, correct error, call to obedience, but to do all this with gentleness and patience".

In the Gospel Our Lord tells the parable of the Unjust Judge who is pestered by a woman who wants her rights. If that judge gives her what she wants because she is persistent, then how much more readily will God give us what we ask for if we are persistent. Yet Our Lord has told this story precisely because He knows how easily we are discouraged in prayer by God's apparent tardiness to answer us. So, at the end, He asks whether there will be any faith left when He comes again on the Last Day.

A INTROIT

Ego clamavi, quoniam exaudisti me,
 Deus: inclina aurem tuam, et exaudi
 verba mea: custodi me, Domine, ut pupil-
 lam oculi: sub umbra alarum tuarum pro-
 tege me. *Psalm.* Exaudi Domine iustitiam
 meam: intende deprecationem meam.

*I have cried aloud, since Thou hast heard
 me, O God; turn Thine ear to me, and hear
 my words: guard me, O Lord, as the pupil
 of Thine eye; protect me beneath the
 shadow of Thy wings. Psalm: Hear, O
 Lord, my justice; attend to my pleading.*

Introductory rite—see Mass book page 3.

Kyrie & Gloria from Missa "Simile est regnum" by Francisco Guerrero (1528-1599)

B COLLECT

Omnipotens sempiterne Deus, fac nos
 tibi semper et devotam gerere volun-
 tatem, et maiestati tuae sincero corde servire.
 Per Dominum nostrum Jesum Christum...Per
 omnia saecula saeculorum. Amen.

*Almighty and everlasting God, make us
 always to give Thee devoted service,
 and to serve Thy majesty with sincere
 hearts.*

C First Reading is from the book of Exodus.

The Amalekites came and attacked Israel at Rephidim. Moses said to Joshua, Pick out men for yourself, and tomorrow morning march out to engage Amalek. I, meanwhile, will stand on the hilltop, the staff of God in my hand. Joshua did as Moses told him and marched out to engage Amalek, while Moses and Aaron and Hur went up to the top of the hill. As long as Moses kept his arms raised, Israel had the advantage; when he let his arms fall, the advantage went to Amalek. But Moses arms grew heavy, so they took a stone and put it under him and on this he sat, Aaron and Hur supporting his arms, one on one side, one on the other; and his arms remained firm till sunset. With the edge of the sword Joshua cut down Amalek and his people. Verbum Domini. **R. Deo gratias.**

GRADUAL

Salvum fac populum tuum, Domine:
et benedic hereditati tuae. V. Ad te
Domine clamavi: Deus meus, ne sileas a
me, et ero similis descendentibus in lacum

Save Thy people, O Lord, and bless Thine inheritance. To Thee, O Lord, have I cried out; O my God, be not silent towards me, else shall I be like those that go down into the lake of darkness.

Second Reading is taken from St. Paul's second epistle to Timothy.

You must keep to what you have been taught and know to be true; remember who your teachers were, and how, ever since you were a child, you have known the holy scriptures - from these you can learn the wisdom that leads to salvation through faith in Christ Jesus. All scripture is inspired by God and can profitably be used for teaching, for refuting error, for guiding people's lives and teaching them to be holy. This is how the man who is dedicated to God becomes fully equipped and ready for any good work. Before God and before Christ Jesus who is to be judge of the living and the dead, I put this duty to you, in the name of his Appearing and of his kingdom: proclaim the message and, welcome or unwelcome, insist on it. Refute falsehood, correct error, call to obedience - but do all with patience and with the intention of teaching.

Verbum Domini. **R. Deo gratias.**

GOSPEL ALLELUIA

Lauda, anima mea, Dominum: laudabo
Dominum in vita mea: psallam Deo meo,
quamdiu ero.

Praise the Lord, O my soul: I will praise the Lord through my life; I will sing to my God while I live.

GOSPEL. A reading from the Holy Gospel according to St. Luke.

At that time: Jesus told them a parable, to the effect that they ought always to pray and not lose heart. He said, "In a certain city there was a judge who neither feared God nor regarded man; and there was a widow in that city who kept coming to him and saying, 'Vindicate me against my adversary.' For a while he refused; but afterward he said to himself, 'Though I neither fear God nor regard man, yet because this widow bothers me, I will vindicate her, or she will wear me out by her continual coming.'" And the Lord said, "Hear what the unrighteous judge says. And will not God vindicate his elect, who cry to him day and night? Will he delay long over them? I tell you, he will vindicate them speedily. Nevertheless, when the Son of man comes, will he find faith on earth?"

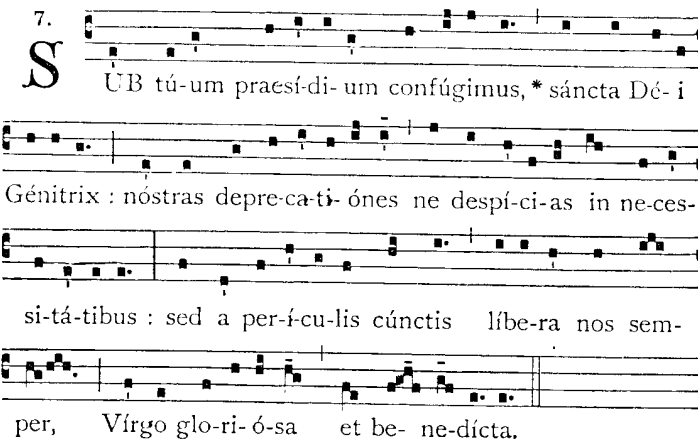
Verbum Domini. **R. Laus tibi, Christe.**

CREDO III—see Mass book
page 27 or 28

**At the end of the Bidding
Prayers we sing this ancient
prayer to Our Lady.**

*We fly to thy protection, O
holy Mother of God.*

*Despise not our petitions in
our necessities, but deliver us
from all dangers, O ever glorious
and blessed Virgin.*

7.  **S** UB tú-um praesí-di-um confúgimus, * sáncta Dé-i
Génitrix : nóstras depre-ca-ti-ónes ne despí-ci-as in ne-ces-
si-tá-tibus : sed a per-í-cu-lis cúntis líbe-ra nos sem-
per, Vírgo glo-ri-ó-sa et be- ne-dícta.

Offertory Motet: "Exspectans expectavi" by Orlando di Lasso (1532-1594)

I waited eagerly for the Lord, and He looked upon me. He heard my prayer, and put a new song into my mouth, a hymn of praise to our God.

PRAYER OVER THE GIFTS

H Tribue nos, Domine, quaesumus,
donis tuis libera mente servire, ut, tua
purificante nos gratia, iisdem quibus famu-
lamur mysteriis emundemur. Per Christum
Dominum nostrum. Amen.

*Grant unto us, O Lord, we pray Thee, to serve
Thee in Thy gifts with hearts made free; so
that purified by Thy grace, we may be
cleansed by those same mysteries in which we
serve Thee.*

PREFACE

J Vere dignum et justum est, aequum et
salutare, nos tibi semper et ubique
gratias agere: Domine, sancte Pater, om-
nipotens aeternae Deus.

Qui omnia mundi elementa fecisti, et vices
disposuisti temporum variari; hominem
vero formasti ad imaginem tuam, et rerum
ei subiecisti universa miracula, ut vicario
munere dominaretur omnibus quae creasti,
et in operum tuorum magnalibus iugiter te
laudaret, per Christum Dominum nostrum.

Quem caeli et terra, quem Angeli et Ar-
changelii confitentur et proclamant, in-
cessabili voce dicentes:

*It is truly meet and right and incumbent upon
us for our salvation that we should always
and everywhere give thanks unto Thee, O
Lord, holy Father, Almighty everlasting God;
Who hast made the whole world, and ordered
the pattern of its movements; but man Thou
hast formed in Thine own image, and hast
made all the world's wonders subject to him,
that he might rule Thy creation in Thy stead,
and praise Thee continually in the majesty of
all Thy works, through Christ our Lord.
Whom heaven and earth, Angels and Arch-
angels confess and proclaim, singing cease-
lessly:*

Sanctus
is from
Mass XII
"Pater
cuncta"

2.  **S** An-ctus, * Sánctus, Sán- ctus Dóminus Dé- us
Sába-oth. Pléni sunt caéli et térra gló-ri- a tú- a. Ho-
sánna in excél- sis. Benedíctus qui vé-nit in nómi-
ne Dómini. Hosánna in excél- sis.